

**If something doesn't feel right tell somebody, in a safe way.**



## **Use your voice if ...**

- You're not feeling safe
- Something is worrying you
- You see someone else who is unhappy
- You want help with something
- You don't feel listened to
- Something's making you feel uncomfortable
- Something's just not right

**Who can I talk to.....**

- Class teachers
- Teaching Assistants
- Mrs Mallinson
- Ruthie



It's good to talk